

6th Biennial Procrastination Research Conference, York University, 2009 - Schedule at a Glance

All papers will be presented sequentially in the Behavioural Science Building room 163

TUESDAY AUGUST 4 TH , 2009			
8:30 am	Coffee & Tea		
8:50 am	Welcome	Fuschia Sirois Gordon Flett	University of Windsor York University
9:00 - 10:00	Session 1: Definitions and Measurement		
	A) On the Definition and Measurement of Procrastination	Piers Steel	University of Calgary
	B) In Search of the Arousal Procrastinator: An Investigation of the Relation Between Procrastination, Arousal-based Personality Traits and Beliefs About Procrastination Motivations.	Kyle Simpson, Timothy Pychyl	Carleton University
10:00 - 10:30	Break – Snacks, coffee and tea provided		
10:30 - 12:00	Student Papers 1		
	A) Knowing the Better and Doing the Worse: A Philosophical Analysis of Procrastination, Temptation, and Making Healthy Changes	Emrah Eren Fuschia Sirois	University of Windsor
	B) Approach and Avoidance Personal Goals: Goal Appraisal Profiles, Congruence with Personality and Procrastination	Matthew Dann Timothy Pychyl	Carleton University
	C) Procrastination, Rumination and Savouring: An Exploration of the Cognitive Underpinnings of Task Delay	Emily Sumner Joseph R. Ferrari	DePaul University
12:00 – 12:30	Discussion Period		
12:30 - 1:30	Sandwich Luncheon in BSB 163		
1:30 - 3:00	Session 2: Health and General Well-being		
	A) Do Good Things Come to Those Who Wait? Procrastination and Leading the Good Life	Lalin Anik	Harvard Business School
	B) Moving Forward in Life: A Guide to Directed Everyday Living	Clarry Lay	York University
	C) “I’ll look after my health, later”: A Prospective Study of the Linkages of Procrastination to Health and Well-being in Undergraduate Students.	Fuschia Sirois Jennifer Voth Timothy Pychyl	University of Windsor Carleton University
3:00 - 3:30	Break – Snacks, coffee and tea provided		
3:30 - 4:30	Session 3: Academic Procrastination		
	A) Gender Role Orientation on Academic Procrastination in a group of Turkish Adolescents	Bilge Uzun Ozer Joseph R. Ferrari	Middle East Tech. University DePaul University
	B) Procrastination Cognitions in Stress and Distress	Gordon Flett	York University
4:30 - 5:30	General Discussion Period		
6:00 pm	Group Dinner		

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WEDNESDAY AUGUST 5 TH , 2009			
8:30 am	Coffee & Tea		
9:00 - 10:00	Session 4: Cross-cultural Perspectives and Measurement		
	A) Psychometric Properties of Tuckman Procrastination Scale in a Turkish Sample	Bilge Uzun Özer Mesut Sackes Bruce W. Tuckman	Middle East Technical University Ohio State University
	B) SEM Analysis of the Relationship between Fear of Failure and Procrastination	Mohsen Haghbin Adam McCaffrey Timothy Pychyl	Carleton University
10:00 - 10:30	Break – Snacks, coffee and tea provided		
10:30 - 12:00	Student Papers 2		
	A) In the Eye of the Beholder: Regret and Life Satisfaction for the Chronic Procrastinator	Kimberly Mancina Joseph R. Ferrari	DePaul University
	B) Emotional Intelligence, Self-control and Procrastination	Eric Heward Timothy Pychyl	Carleton University
	C) In Charge of Delay: Professionals with Personal Power Who Procrastinate	April Gonzalez Joseph R. Ferrari	DePaul University
12:00 - 1:30	Hot Buffet Luncheon at Embers		
1:30 - 2:30	Session 5 – Closing Papers: New Perspectives on Procrastination		
	A) Blame it on Time: A New Perspective on Procrastination, Perfectionism, and Task Performance	Fuschia Sirois	University of Windsor
	B) I've been Thinking ~~~ I (WE) Am (Are) WRONG: A Better Approach to Understanding/Dealing with Procrastination	Joseph R. Ferrari	DePaul University
2:30 - 3:00	Break – Snacks, coffee and tea provided		
3:00 - 4:30	Final Discussion Period and Closing Comments		