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## Fuschia M. Sirois

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Associate Professor  
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Citizenship: Canadian

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### Education

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- 2003     **Ph.D.**, Psychology, Carleton University  
Dissertation: *Beyond health locus of control: A multi-dimensional measure of health-related control beliefs and motivations.*  
Advisor: Mary Gick, Ph.D.
- 1998     **M.A.**, Psychology, Carleton University  
M.A. Thesis: *An investigation of the health beliefs and motivations of complementary medicine clients.*  
Advisor: Mary Gick Ph.D.
- 1996     **B.A. Honors**, Psychology (*magna cum laude*), University of Ottawa  
B.A. Thesis: *The relationship of pain beliefs to outcome and compliance with different dimensions of a multidisciplinary chronic pain treatment program.*  
Advisor: Samuel F. Mikail, Ph.D.
- 1995     **B.Sc. Honors**, Biochemistry/Nutrition (*cum laude*), University of Ottawa  
B.Sc. Thesis: *Noradrenaline action on thyroxine 5'-deiodinase in brown adipose tissue of UCP-DTA transgenic mice.*  
Advisor: Dr. Jean Himms-Hagen
- 1991     Completed coursework for the first year of an Applied B.A. in the Food, Nutrition, Consumer and Family Studies program, Ryerson University, Toronto.

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### Academic Positions

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- Associate Professor** (July 2007 – present) - Department of Psychology, University of Windsor.  
**Assistant Professor** (July 2003 – June 2007) - Department of Psychology, University of Windsor.  
**Sessional Lecturer** (Fall 2000 - Winter 2003) – Department of Psychology, Carleton University.  
**Teaching Assistant** (Summer 1999 – Winter 2000). Department of Psychology, Carleton University.

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### Research Positions

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- Research Associate** (2002 – 2003) – Department of Psychology, Carleton University.  
**Research Assistant** (Summer 1999) – Faculty of Human Sciences, Saint Paul University.  
**Research Assistant** (Summer 1996) – Department of Psychiatry, Ottawa General Hospital.  
**Research Assistant** (Summer 1994) – Department of Biochemistry, University of Ottawa.

## Honors and Awards

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2006	University of Windsor Award for Excellence in Scholarship, Research & Creative Activity – Junior Category
2006	University of Windsor Faculty Recognition Award - Canadian Foundation for Innovation Leaders Opportunity Fund winner
2002-2003	Social Sciences and Humanities Research Council of Canada Doctoral Fellowship
2002-2003	Ontario Graduate Scholarship (declined)
2002	American Psychological Association Student Travel Award
2002	Carleton University Graduate Student Research Grant
2001-2002	Nicholas P. Spanos Memorial Award in Psychology, Carleton University
2001-2002	Ontario Graduate Scholarship
1998-2001	Carleton University Graduate Student Scholarship
1996	Dean's honour roll, University of Ottawa

## Grant Support

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### External grants

<b>2006-2009</b>	<i>Virtual and In-Person Research Facilities for the Health and Well-being Lab.</i> Canadian Foundation for Innovation Leaders Opportunity Fund (40%), Ontario Innovation Trust (40%), University of Windsor and corporate contributions (20%). PI: <b>F.Sirois</b>	\$117,218
<b>2005-2009</b>	<i>How is procrastination bad for your health? Situational and dispositional perspectives on the role of stress and health behaviours.</i> Social Sciences and Humanities Research Council of Canada (SSHRC). PI: <b>F.Sirois</b>	\$101,143

### Internal grants

<b>2008-2009</b>	<i>Job insecurity, chronic stress, and resilience: The effects on the physical and psychological health of casino and automotive industry workers.</i> University of Windsor Humanities & Social Sciences Research Grant. PI: <b>F. Sirois</b> , with G. Chung-Yan.	\$5,000
<b>2008</b>	<i>Student motivation for Interteaching methods in undergraduate Health Psychology.</i> University of Windsor Center for Teaching and Learning, Centred on Learning Innovation Fund. PI: <b>F. Sirois</b> , with: R. Purc-Stephenson, A. Scoboria, & A. Pascual-Leone.	\$2,500
<b>2008</b>	<i>Formation of a faculty learning community on the topic of interteaching, with specific application to graduate student education.</i> University of Windsor Center for Teaching and Learning, Centred on Learning Innovation Fund. PI: A. Scoboria, with: <b>F.Sirois</b> , A. Pascual-Leone. \$2,500	\$2,500
<b>2006-2007</b>	<i>Adjustment to arthritis and inflammatory bowel disease: Self-perception, relationships, and well-being over time.</i> University of Windsor Humanities & Social Sciences Research Grant. Sole PI: <b>F. Sirois</b> .	\$5,000
<b>2004-2005</b>	<i>Expectations about the doctor-patient relationship and motivations to use complementary and alternative medicine.</i> University of Windsor Women's Research Grant. Sole PI: <b>F. Sirois</b> .	\$3,500
<b>2004-2005</b>	<i>Exploring the link between procrastination and preventive health behaviours in a community sample.</i> University of Windsor Humanities & Social Sciences Research Grant. <b>Sole PI:</b> F. Sirois.	\$2,200

## Grants Re-submitted

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- 2010-2015** *CAM utilization patterns, outcomes, and commitment: A holistic assessment.* \$3,323,450  
National Center for Complementary and Alternative Medicine (NCCAM), National Institutes of Health (NIH). **co-PIs:** D. Ackerman (UCLA), C. Bann (Research Triangle Institute [RTI] International), and **F. M. Sirois**.  
Sub grant to **F. M. Sirois**, \$162,476 USD. The first submission in May 2008 received enthusiastic reviews and encouragement to revise and resubmit for the next cycle in May 2009. This grant is currently under review.
- 2010-2013** *Subjective well-being and Canadian social work.* Social Sciences and Humanities \$216,877  
Research Council of Canada (SSHRC). PI: J. Graham, University of Calgary; **F. M. Sirois** sole co-investigator. Received a 4A rating in the 2009 competition and was revised and re-submitted for the 2010 competition.
- 2010-2013** *Patterns in emotional development: Emotional processing in the expressive writing paradigm.* Social Sciences and Humanities Research Council of Canada (SSHRC). \$116,984  
PI: A. Pascual-Leone, University of Windsor; **F. M. Sirois** sole co-investigator. Received a 4A rating in the 2009 competition and was revised and re-submitted for the 2010 competition.

## Grants Under Review

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- 2010-2013** *The strategies and characteristics associated with adaptive goal pursuit.* \$131,682  
Social Sciences and Humanities Research Council of Canada (SSHRC).  
PI: **F. M. Sirois**.

## Scholarly Publications – Refereed Journals (IF = Impact Factor)

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- Williams-Piehota, P., **Sirois, F. M.**, Bann, C., Isenberg, K., & Walsh, E. G. (accepted). Agents of change: How do CAM providers play a role in health behaviour change? *Alternative Therapies in Health and Medicine*. (IF = 1.77)
- Bann, C. B., **Sirois, F. M.**, & Walsh, E. G. (accepted). Provider support in complementary and alternative medicine: Exploring the role of empowerment. *Journal of Alternative and Complementary Medicine*. (IF = 1.53)
- Sirois, F. M.** (2009). Psychological adjustment to inflammatory bowel disease: The importance of considering disease activity. *American Journal of Gastroenterology*, 104, 2970-2972. (IF = 6.44)
- Wilson, K., & **Sirois, F. M.** (in press). Birth attendant choice and satisfaction with antenatal care: The role of birth philosophy, relational style, and health self-efficacy. *Journal of Reproductive and Infant Psychology*. (IF = 0.60 )
- Sirois, F. M.** (2009). Comment on "Preventive screening of women who use complementary and alternative medicine providers". *Journal of Women's Health*, 18(8), 119-120. (IF = 1.52)
- Greene, A. M., Walsh, E. G., **Sirois, F. M.**, & McCaffrey, A. (2009). Perceived benefits of complementary and alternative medicine: A whole systems research perspective. *The Open Complementary Medicine Journal*, 1, 35-45.
- Voth, J., & **Sirois, F. M.** (2009). The role of self-blame and responsibility in adjustment to inflammatory bowel disease. *Rehabilitation Psychology*, 54(1), 99-108. (IF = 1.07)
- Sirois, F. M.**, & Purc-Stephenson, R. (2008). Personality and consultations with complementary and alternative medicine practitioners: A five factor model investigation of degree of use and motives. *Journal of Alternative and Complementary Medicine*, 14 (9), 1151-1158. (IF = 1.53)

- Sirois, F. M., & Purc-Stephenson, R.** (2008). When one door closes, another door opens: Physician availability and motivations to consult complementary and alternative medicine providers. *Complementary Therapies in Clinical Practice, 14* (4), 228-236.
- Wolfe, B., & **Sirois, F. M.** (2008). Beyond standard quality of life measures: The subjective experiences of living with inflammatory bowel disease. *Quality of Life Research, 16* (7), 877-886. (IF = 2.17)
- Sirois, F. M.** (2008). Motivations for consulting complementary and alternative medicine practitioners: A comparison of consumers from 1997-8 and 2005. *BioMed Central Complementary and Alternative Medicine, 8* (16). (IF = 2.12)
- Sirois, F. M.** (2008). Provider-based complementary and alternative medicine use among three chronic illness groups: Associations with psychosocial factors and concurrent use of conventional health-care services. *Complementary Therapies in Medicine, 16* (2), 74-81. (IF = 1.84)
- Sirois, F. M., & Purc-Stephenson, R.** (2008). Consumer decision factors for initial and long-term use of complementary and alternative medicine. *Complementary Health Practice Review, 13*, 3-19.
- Hebb, A. L. O., Anger, G. J., Mendella, P. D., **Sirois, F. M.**, Gilbert, R. W., Zacharko, R. M. (2007). The myth of panic spontaneity: Consideration of behavioural and neurochemical sensitization. *The Open Psychiatry Journal, 1*, 1-25.
- Sirois, F. M.** (2007). "I'll look after my health, later": A replication and extension of the procrastination-health model with community-dwelling adults. *Personality and Individual Differences, 43*, 15-26. (IF = 1.60)
- Sirois, F. M., Davis, C. G., & Morgan, M.** (2006). "Learning to live with what you can't rise above": Control beliefs, symptom control, and adjustment to tinnitus. *Health Psychology, 25*(1), 119-123. (IF = 3.69)
- Sirois, F. M.** (2004). Procrastination and counterfactual thinking: Avoiding what might have been, *British Journal of Social Psychology, 43*, 269-286. (IF = 1.71)
- Sirois, F. M.** (2004). Procrastination and intentions to perform health behaviors: The role of self-efficacy and the consideration of future consequences. *Personality and Individual Differences, 37*(1), 115-128. (IF = 1.60)
- Sirois, F. M., Melia-Gordon, M.L., & Pychyl, T. A.,** (2003). "I'll look after my health, later": An investigation of procrastination and health. *Personality and Individual Differences, 35*(5), 1167-1184. (IF = 1.60)
- Sirois, F. M.** (2002). Treatment seeking and experience with complementary/alternative medicine: A continuum of choice. *Journal of Alternative and Complementary Medicine, 8*(2), 127-134. (IF = 1.53)
- Sirois, F. M., & Gick, M.L.** (2002). An investigation of the health beliefs and motivations of complementary medicine clients. *Social Science and Medicine, 55* (6), 1025-1037. (IF = 2.60)

### Manuscripts Under Review

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- Gick, M. L. & **Sirois, F. M.** (submitted). Attachment moderates effects of disease activity in women with inflammatory bowel disease. Manuscript submitted to *Rehabilitation Psychology*. (IF = 1.07)
- Hirsch, J.K., **Sirois, F. M.**, & Lyness, J.M. (submitted). Functional impairment and depressive symptoms in older adults: Mitigating effects of hope. Manuscript submitted to the *British Journal of Health Psychology*. (IF = 1.98)
- Sirois, F. M., Voth, J., & Pychyl, T. A.** (submitted). A longitudinal study of procrastination, health, and well-being. Manuscript submitted to the *European Journal of Personality*. (IF = 2.31)

### Manuscripts in Revision

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- Sirois, F. M.** (invitation to revise and resubmit). The search for the placebo responder: Towards an integrated model of the placebo effect. Manuscript submitted to *Psychological Bulletin*. (IF = 12.57)
- Sirois, F. M., Monforton, J., & Simpson, M.** (invitation to revise and resubmit). "If only I had done better": Perfectionism and the functionality of counterfactual thinking. Manuscript submitted to the *Personality and Social Psychology Bulletin*. (IF = 2.46)

### Manuscripts in Preparation

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- Monforton, J. & **Sirois, F. M.** (In preparation). "At least my friends are here": The role of counterfactual thoughts in restoring Extraverts' mood following social stress.

- Sirois, F. M.** (In preparation). *Understanding commitment to using complementary and alternative medicine (CAM): A systematic review and conceptual model.*
- Sirois, F. M., & Hirsch, J. K.** (In preparation). *Psychological thriving and positive change expectations in people with arthritis.*
- Sirois, F. M., & Hirsch, J. K.** (In preparation). *Profiles of psychological thriving, resilience and loss in people living with chronic illness.*
- Sirois, F. M., & Eren, E.** (In preparation). *Knowing the better and doing the worse: A longitudinal study of procrastination, temptation, and making healthy changes.*
- Sirois, F. M., & Gick, M.L.** (In preparation). *Psychological factors in medical care-seeking: To seek or not to seek has always been the question.*
- Sirois, F. M., Wolfe, B., & Voth, J.** (In preparation). *Understanding the coping strategies of people with inflammatory bowel disease.*

## Books

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- Taylor, S. E., & **Sirois, F. M.** (2009). *Health Psychology, 1st Canadian Edition*, McGraw-Hill Ryerson Ltd.
- Taylor, S. E., & **Sirois, F. M.** (2009). *Instructor's Manual for Health Psychology, 1st Canadian Edition*, McGraw-Hill Ryerson Ltd.

## Book Chapters

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- Sirois, F. M., Scoboria, A., & Pascual-Leone, A.** (in press). Deconstructing interteaching: Is the whole greater than the sum of its parts? Invited chapter for *Developments in Higher Education*, Nova Science Publishers.
- Scoboria, A., **Sirois, F. M., & Pascual-Leone, A.** (2009). Enhancing students' learning and engagement in undergraduate education using interteaching. In J. Raffoul (Ed.), *Collected Essays on Teaching and Learning (Vol. 2)*. Society for Learning and Teaching in Higher Education, (pp. 83-88).
- Sirois, F. M.** (2007). Procrastination and motivations for household safety behaviours: An expectancy-value theory perspective. In L. V. Brown (Ed.) *Psychology of Motivation*, Nova Science Publishers, pp. 153-165.

## Invited Presentations

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- Sirois, F. M.** (2009, October). *Blame it on time: Time-related perfectionism, health and well-being.* Invited talk for the Health Psychology Graduate Diploma Program seminar series, Department of Psychology, York University, Toronto, ON.
- Sirois, F. M.** (2009, September). *In search of the placebo responder: An integrated model of how individual differences and self-focused attention moderate placebo effects.* Invited talk for the Semel Institute Mindful Awareness Research Center Monthly Lectures, University of California Los Angeles (UCLA), Los Angeles, CA.
- Sirois, F. M.** (2008, April). *Managing stress and finding balance.* Invited talk for Faculty of Arts and Social Sciences (FASS) Staff Thank You event, University of Windsor, Windsor, ON.
- Sirois, F. M.** (2008, February, March). *Web-based research and surveys: A Research Ethics Board educational seminar.* Invited talks on behalf of the University of Windsor Research Ethics Board for the university community, Windsor, ON.
- Sirois, F. M.** (2006, February). *Casting your Net worldwide: Some benefits and challenges of conducting Internet-based psychological research.* Invited talk for the Applied Social Lunch series, University of Windsor.
- Sirois, F. M., Davis, C. G., & Morgan, M.** (2005, November). *"Learning to live with what you can't rise above": Control beliefs and adjustment to tinnitus.* Invited talk presented for the University of Windsor's Health Research Group, University of Windsor.

- Sirois, F. M.** (2004, January). *The search for the placebo responder: The role of situational and individual difference factors in the placebo effect*. Invited talk for the Applied Social Lunch series, University of Windsor.
- Sirois, F. M.** (2003, January). *Coping with inflammatory bowel disease*. Invited talk for the National Capital Region Chapter of the Crohn's and Colitis Foundation of Canada (CCFC) Education Event, Ottawa.
- Sirois, F. M.** (2002, January). *Control beliefs and health: Reconceptualizing personal agency and adaptation to illness*. Invited talk for the Social-Health-Organization-Personality Psychology Brown Bag series, Carleton University, Ottawa.
- Sirois, F. M.** (1999, March). *Stress management and health living for the New Millennium*. Invited seminar for English as a Second Language (ESL) teachers during the Ottawa-Carleton District School Board Professional Development day, Ottawa.

### Refereed Conference Presentations

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- Eren, E. & **Sirois, F. M.** (2009, August). *Knowing the better and doing the worse: A philosophical analysis of procrastination, temptation, and making healthy changes*. Paper presented at the 6th Biennial conference of Counselling the Procrastinator in Academic Settings, York University, Toronto, ON.
- Gick, M. L. & **Sirois, F. M.** (2009, August). *Attachment moderates effects of disease activity in females with IBD*. Paper presented at the 117th Annual Convention of the American Psychological Association, Toronto, ON.
- Sirois, F. M.** (2009, August). *Blame it on time: A new perspective on procrastination, perfectionism, and task performance*. Paper presented at the 6th Biennial conference of Counselling the Procrastinator in Academic Settings, York University, Toronto, ON.
- Sirois, F. M.** (2009, August). *Psychological thriving and positive change expectations in people with arthritis*. Paper presented at the 117th Annual Convention of the American Psychological Association, Toronto, ON.
- Sirois, F. M.,** & Monforton, J. (2009, August). *Examining the functionality of counterfactual thoughts for perfectionists*. Paper presented at the 117th Annual Convention of the American Psychological Association, Toronto, ON.
- Sirois, F. M.,** Voth, J., & Pychyl, T. A. (2009, August). *"I'll look after my health, later": A prospective study of the linkages of procrastination to health and well-being in undergraduate students*. Paper presented at the 6th Biennial conference of Counselling the Procrastinator in Academic Settings, York University, Toronto, ON.
- Bann, C., Walsh, E. G., & **Sirois, F. M.** (2009, June). *Measuring provider support in complementary and alternative medicine*. Paper presented at the 26th Annual Academy Health Research Meeting, Chicago, IL.
- Gick, M., **Sirois, F. M.,** Matheson, K., & Anisman, H. (2009, June). *Attachment, health, and care seeking in students*. Paper presented at the 70th Annual Convention of the Canadian Psychological Association, Montreal, Que.
- Sirois, F. M.,** & Voth, J. (2009, June). *Social cognitive predictors of health behaviour changes: What's style got to do with it?* Paper presented in the invited faculty symposium for the CPA Social and Personality Section, 70th Annual Convention of the Canadian Psychological Association, Montreal, Que.
- Voth, J. & **Sirois, F. M.** (2009, June). *Coping in the hall of mirrors: Social perceptions, perceived social support, and psychological adjustment to chronic illness*. Paper presented at the Social-Personality preconference of the 70th Annual Convention of the Canadian Psychological Association, Montreal, Que.
- Williams-Piehot, P., Bann, C. **Sirois, F. M.,** Isenberg, K., & Walsh, E. G. (2009, June). *What role do CAM providers play in health behaviour change?* Paper presented at the 26th Annual Academy Health Research Meeting, Chicago, IL.

- Greene, A, Walsh, E. G., & **Sirois, F. M.** (2009, May). *Perceived benefits of complementary and alternative medicine: A whole systems research perspective*. Paper presented at the 2009 North American Research Conference on Complementary & Integrative Medicine, Minneapolis, MN.
- Sirois, F. M.** (2009, May). *Towards an integrated, person-centered model of the placebo effect*. Paper presented at the 2009 North American Research Conference on Complementary & Integrative Medicine, Minneapolis, MN.
- Sirois, F. M.** (2009, May). *Illness perceptions and complementary and alternative medicine use among people with inflammatory bowel disease*. Paper presented at the 2009 North American Research Conference on Complementary & Integrative Medicine, Minneapolis, MN.
- Walsh, E. G., Bann, C., Greene, A, & **Sirois, F. M.** (2009, May). *Symptom relief in CAM: The role of patient-provider relations and empowerment*. Paper presented at the 2009 North American Research Conference on Complementary & Integrative Medicine, Minneapolis, MN.
- Bann, C. B., Walsh, E. G., & **Sirois, F. M.** (2008, November). *Measuring provider support in complementary and alternative medicine*. Paper presented at the 5th Annual IN-CAM Symposium, University of Toronto, Toronto, ON.
- Sirois, F. M.**, & McLaughlin, B (2008, November). *Self-perceptions and health protective behaviours among nurses who use complementary and alternative medicine (CAM)*. Paper presented at the 5th Annual IN-CAM Symposium, University of Toronto, Toronto, ON.
- Sirois, F. M.** (2008, November). *Self-perceptions and perceived change among people with arthritis who use complementary and alternative medicine*. Paper presented at the 5th Annual IN-CAM Symposium, University of Toronto, Toronto, ON.
- Sirois, F. M.** (2008, June). *Wishful thinking or necessary resources: What do procrastinators think they need to help them make healthy changes?* Paper presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, NS.
- Sirois, F. M.** (2008, June). What is and what may never be: Possible selves and adjustment to inflammatory bowel disease. In **F.M. Sirois** (chair), *Guts, gumption, and go-ahead: Psychological adjustment to inflammatory bowel disease*. Paper presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, NS.
- Sirois, F. M.** (2008, June). *Blame it on time: An experimental test of the effects of performance feedback for a timed task on the mood of time-perfectionists*. Paper presented at the Social and Personality pre-conference, 69th Annual Convention of the Canadian Psychological Association, Halifax, NS.
- Sirois, F. M.** (2008, June). Quantifying meaning: A computational linguistics analysis approach to understanding text-based responses. In D. Flora (chair), *Modern issues in methodology and measurement for psychological research*. Paper presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, NS.
- Voth, J. & **Sirois, F. M.** (2008, June). *Not enough hope: Procrastination and intentions to perform health behaviours*. Paper presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, NS.
- Voth, J. & **Sirois, F. M.** (2008, June). *The influence of social perceptions on self-doubt and coping with stressful life events*. Paper presented at the Social and Personality pre-conference, 69th Annual Convention of the Canadian Psychological Association, Halifax, NS.
- Voth, J. & **Sirois, F. M.** (2008, June). Taking responsibility: Positive adjustment to inflammatory bowel disease. In **F.M. Sirois** (chair), *Guts, gumption, and go-ahead: Psychological adjustment to inflammatory bowel disease*. Paper presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, NS.
- Wolfe, B., & **Sirois, F. M.** (2008, June). Understanding the coping strategies of patients with inflammatory bowel disease: Passive coping or secondary control? In **F.M. Sirois** (chair), *Guts, gumption, and go-ahead: Psychological adjustment to inflammatory bowel disease*. Paper presented at the 69th Annual Convention of the Canadian Psychological Association, Halifax, NS.

- Wilson, K., & **Sirois, F. M.** (2008, May). *A qualitative exploration of women's experiences with a midwife or obstetrician birth attendant*. Paper presented at the 9th Annual Feminist Research Group Conference, Windsor, ON.
- McLaughlin, B., & **Sirois, F. M.** (2008, March). *Do nurses practice what they preach? Exploring health behaviours and perceptions of professional nurses and nursing students*. Paper presented at the Second Annual Celebrating Nursing Excellence conference, University of Windsor, Faculty of Nursing, Windsor, ON.
- Sirois, F. M.**, & Purc-Stephenson, R. (2007, November). *Why do people become committed complementary and alternative medicine (CAM) clients? A regulatory fit perspective*. Paper presented at the 4th Annual IN-CAM Symposium, Vancouver, BC.
- Sirois, F. M.** (2007, November). *Consumer decision-making factors for complementary and alternative medicine (CAM) use: A systematic review*. Paper presented at the 4th Annual IN-CAM Symposium, Vancouver, BC.
- Sirois, F. M.**, & Wolfe, B. (2007, October). *A continuum of control: Implications for quality of life in patients with inflammatory bowel disease (IBD)*. Paper presented at the 14th annual conference of the International Society for Quality of Life Research, Toronto, ON.
- Wolfe, B., & **Sirois, F. M.** (2007, October). *Beyond standard quality of life measures: The subjective experiences of living with inflammatory bowel disease*. Paper presented at the 14th annual conference of the International Society for Quality of Life Research, Toronto, ON.
- Sirois, F. M.**, & Purc-Stephenson, R. (2007, June). *Beyond medical need: A consumer decision-making perspective on the use of complementary and alternative medicine*. Paper presented at the 68th Annual Convention of the Canadian Psychological Association, Ottawa, ON.
- Sirois, F. M.** (2007, June). Provider-based complementary and alternative medicine use among three chronic illness groups: Psychosocial factors and the use of health services. In **F. M. Sirois** (Chair), *Understanding complementary and alternative medicine use: Ideological and pragmatic motivations*. Paper presented at the 68th Annual Convention of the Canadian Psychological Association, Ottawa, ON.
- Wilson, K., & **Sirois, F. M.** (2007, June). Predicting use of and satisfaction with a midwife or obstetrician birth attendant. In **F. M. Sirois** (Chair), *Understanding complementary and alternative medicine use: Ideological and pragmatic motivations*. Paper presented at the 68th Annual Convention of the Canadian Psychological Association, Ottawa, ON.
- Purc-Stephenson, R., & **Sirois, F. M.** (2007, June). As one door closes, another door opens: How does physician availability influence intentions to use provider-based complementary and alternative medicine? In **F. M. Sirois** (Chair), *Understanding complementary and alternative medicine use: Ideological and pragmatic motivations*. Paper presented at the 68th Annual Convention of the Canadian Psychological Association, Ottawa, ON.
- Monforton, J. & **Sirois, F. M.** (2007, January). *"At least my friends are here": The role of counterfactual thoughts in restoring Extraverts' mood following social stress*. Paper presented at the Eighth Annual Meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Sirois, F. M.** (2007, January). *Blame it on time: Time-related perfectionism and task performance*. Paper presented at the Eighth Annual Meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Voth, J. & **Sirois, F. M.** (2007, January). *Distinguishing between maladaptive perfectionism and trait procrastination: A case of end-state thinking?* Paper presented at the Eighth Annual Meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Sirois, F. M.**, & Purc-Stephenson, R. (2006, October). *Provider-based complementary and alternative medicine use in Windsor: Does physician availability matter?* Paper presented at the First Annual Celebrating Nursing Excellence Conference, University of Windsor, Windsor, ON.
- Sirois, F. M.**, & Purc-Stephenson, R. (2006, August). *Satisfaction with medical care, health distress, and depressive symptoms: Products or precursors of complementary and alternative medicine use?* Paper presented at the 114<sup>th</sup> Annual Convention of the American Psychological Association, New Orleans, LA.



- Sirois, F. M., & Voth, J.** (2006, August). *What's good for the gander isn't always good for the goose: Agency and communion as predictors of adjustment to chronic illness*. Paper presented at the 114<sup>th</sup> Annual Convention of the American Psychological Association, New Orleans, LA.
- Edmondson, J., Pychyl, T. A., & **Sirois, F. M.** (2006, June). Exploring the mediational roles of coping and negative emotions in the procrastination-health relationship. In **F. M. Sirois** (Chair) *From coping, to health behaviours, to source traits: New insights into why procrastination may be bad for your health*. Paper presented at the 67<sup>th</sup> Annual Convention of the Canadian Psychological Association, Calgary, Alberta.
- Purc-Stephenson, R., & **Sirois, F. M.** (2006, June). *Does personality matter? Exploring the association between personality and reasons for using complementary and alternative medicine*. Paper presented at the 67<sup>th</sup> Annual Convention of the Canadian Psychological Association, Calgary, Alberta.
- Sirois, F. M., & Purc-Stephenson, R.,** (2006, June). *The same....but different: Factors associated with in-person and on-line support group use across three chronic illness groups*. Paper presented at the 67<sup>th</sup> Annual Convention of the Canadian Psychological Association, Calgary, Alberta.
- Sirois, F. M.** (2006, June). "I'll look after my health, later": A replication and extension with community dwelling adults. In **F. M. Sirois** (Chair) *From coping, to health behaviours, to source traits: New insights into why procrastination may be bad for your health*. Paper presented at the 67<sup>th</sup> Annual Convention of the Canadian Psychological Association, Calgary, Alberta.
- Voci, S. C., & **Sirois, F. M.** (2006, June). Examining potential mediators of the relationship between procrastination and health and safety behaviours. In **F. M. Sirois** (Chair) *From coping, to health behaviours, to source traits: New insights into why procrastination may be bad for your health*. Paper presented at the 67<sup>th</sup> Annual Convention of the Canadian Psychological Association, Calgary, Alberta.
- Voci, S. C., & **Sirois, F. M.** (2006, June). The role of the physician-patient relationship in the coping and well-being of individuals with functional somatic syndromes. In M. Wing (Chair) *When I speak do you hear me? Biased perceptions of stigmatized groups*. Paper presented at the 67<sup>th</sup> Annual Convention of the Canadian Psychological Association, Calgary, Alberta.
- Sirois, F. M., Davis, C. G., & Morgan, M.** (2005, August). "Learning to live with what you can't rise above": Control beliefs, symptom control, and adjustment to tinnitus. In C. G. Davis (Chair) *Control in the Health Context*. Symposium presented at the 113<sup>th</sup> Annual Convention of the American Psychological Association, Washington, D.C.
- Sirois, F. M., Purc-Stephenson, R., & Jean-Baptiste, N.** (2005, June). *On-line versus in-person support groups for chronic illness: A qualitative and quantitative exploration of the perceived benefits and shortcomings*. Paper presented at the 66<sup>th</sup> Annual Convention of the Canadian Psychological Association, Montreal, Quebec.
- Sirois, F. M., & Simpson, M.** (2005, June). *"If only I had done better": Perfectionism and counterfactual thinking*. Paper presented at the 66<sup>th</sup> Annual Convention of the Canadian Psychological Association, Montreal, Quebec.
- Kean, S., & **Sirois, F. M.** (2005, June). *Music listening preferences and coping with negative mood: When the sound of music can make you feel better*. Paper presented at the 66<sup>th</sup> Annual Convention of the Canadian Psychological Association, Montreal, Quebec.
- Gick, M. L., & **Sirois, F. M.** (2005, June). *Personality and treatment seeking for medical problems*. Paper presented at the 66<sup>th</sup> Annual Convention of the Canadian Psychological Association, Montreal, Quebec.
- Sirois, F. M.** (2004, June). Researching hard to access chronic illness groups: Bridging the accessibility gap with Internet-based research. In F.M. Sirois (Chair) *Overcoming obstacles to access: Exploring solutions for researching socially marginalized groups*. Symposium presented at the 65<sup>th</sup> Annual Convention of the Canadian Psychological Association, St. John's, Newfoundland.
- Sirois, F. M., & Gick, M.L.** (2004, June). *Psychological factors in medical care-seeking*. Paper presented at the 65<sup>th</sup> Annual Convention of the Canadian Psychological Association, St. John's, Newfoundland.

- Sirois, F. M.** (2003, August). *Procrastination and health behavior intentions: The role of self-efficacy*. Paper presented at the 111<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Ontario.
- Sirois, F. M.,** Davis, C. G., & Morgan, M. (2002, October). *Quality of life and tinnitus: Severity, control beliefs, and well-being*. Paper presented at the 9<sup>th</sup> Annual conference of the International Society for Quality of Life Research, Orlando, Florida.
- Kelly, T., **Sirois, F. M.,** & Gick, M.L. (2002, August). *Health-specific anxiety, negative affect, and symptom perception*. Paper presented at the 110<sup>th</sup> Annual Convention of the American Psychological Association, Chicago, Illinois.
- Sirois, F. M.,** Kelly, T., Sullivan, R., & Gick, M.L. (2002, August). *Procrastination and counterfactual thinking: Avoiding what might have been*. Paper presented at the 110<sup>th</sup> Annual Convention of the American Psychological Association, Chicago, Illinois.
- Sirois, F. M.,** & Pychyl, T. A. (2002, August). Academic procrastination: Costs to health and well-being. In J. R. Ferrari & T. A. Pychyl (chairs) *Academic procrastination: A common event that's not commonly understood*, Symposium presented at the 110<sup>th</sup> Annual Convention of the American Psychological Association, Chicago, Illinois.
- Sullivan, R., **Sirois, F. M.,** & Gick, M.L. (2002, August). *The role of negative affect in self-blame for illness*. Paper presented at the 110<sup>th</sup> Annual Convention of the American Psychological Association, Chicago, Illinois.
- Wilson, J., Gick, M.L., & **Sirois, F. M.** (2002, August). *Can distraction relieve state anxiety and physical symptoms?* Paper presented at the 110<sup>th</sup> Annual Convention of the American Psychological Association, Chicago, Illinois.
- Sirois, F. M.** (2002, June). *Towards the scholarship of teaching: The impact of a graduate seminar in university teaching on new instructors*. Session presented at the 22<sup>nd</sup> Annual Conference of the Society for Teaching and Learning in Higher Education, McMaster University, Hamilton, Ont.
- Melia-Gordon, M.L., **Sirois, F. M.,** Pychyl, T. A. (2002, January). *"Falling behind" or Feeling bad": The relative influence of students' trait procrastination and concerns regarding the self*. Paper presented at the 3<sup>rd</sup> Annual Conference of the Society for Personality and Social Psychology, Savannah, Georgia.
- Melia-Gordon, M.L., **Sirois, F. M.,** Pychyl, T. A., (2001, November). *Wellness behaviors as an indicator of health-related quality of life*. Paper presented at the 8<sup>th</sup> Annual Conference of the International Society for Quality of Life Research, Amsterdam, The Netherlands.
- Sirois, F. M.,** Melia-Gordon, M.L., & Pychyl, T. A., (2001, November). *Quality of Life in University students with chronic health problems: Coping and context*. Paper presented at the 8<sup>th</sup> Annual Conference of the International Society for Quality of Life Research, Amsterdam, The Netherlands.
- Melia-Gordon, M.L., **Sirois, F. M.,** Pychyl, T. A., (2001, August). *Big-Five Personality Factors and coping styles: The Importance of 'Fit'*. Paper presented at the 109<sup>th</sup> Annual American Psychological Association Convention, San Francisco, California.
- Melia-Gordon, M. L., **Sirois, F. M.,** & Pychyl, T. A., (2001, June). *Student procrastination: Coping with the stress of academic life*. In L. A. Goodine (Chair) *The health and well-being of university students: Coping, personality, and performance*. Symposium presented at the 62<sup>nd</sup> Annual Convention of the Canadian Psychological Association, Ste. Foy, Quebec.
- Melia-Gordon, M.L., **Sirois, F. M.,** & Pychyl, T. A. (2001, June). *Procrastinators' coping styles: Restraint in the face of demand*. Paper presented at the 13<sup>th</sup> Annual American Psychological Society's Convention, Toronto, Ontario.
- Sirois, F. M.** (2001, June). *Health locus of control beliefs: Do they measure up to expectations?* Paper presented at the 13<sup>th</sup> Annual American Psychological Society's Convention, Toronto, Ontario.
- Sirois, F. M.** (2001, June). *Search for the placebo responder: An integrated model of the placebo effect*. Paper presented at the 62<sup>nd</sup> Annual Convention of the Canadian Psychological Association, Ste. Foy, Quebec.

**Sirois, F. M.,** Melia-Gordon, M.L., & Pychyl, T. A., (2001, June). *First-year university students' health, well-being, and academic performance: The role of coping.* In L. A. Goodine (Chair) *The health and well-being of university students: Coping, personality, and performance.* Symposium presented at the 62<sup>nd</sup> Annual Convention of the Canadian Psychological Association, Ste Foy, Quebec.

**Sirois, F. M.,** & Mikail, S. F. (1996, May). *The relationship of pain beliefs to outcome and compliance with different dimensions of a multidisciplinary chronic pain treatment program.* Paper presented at the 26<sup>th</sup> annual Psychology Undergraduate Thesis Conference, McMaster University, Hamilton. Ontario.

## **Workshops presented**

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**Sirois, F. M.** & Hakim-Larson, J. (2008, April). *Curriculum vitae workshop for graduate students.* Workshop presented for Psychology graduate students on behalf of the Psychology Department Graduate Studies Committee, University of Windsor, Windsor, Ontario.

**Sirois, F. M.** & Ross, C. (2008, April). *A W5 workshop on conducting psychological research on the Internet.* Workshop presented for Psychology graduate students on behalf of the Psychology Department Graduate Studies Committee, University of Windsor, Windsor, Ontario.

**Sirois, F. M.** & Purc-Stephenson, R. (2006, November). *Synthesizing research: A workshop on research synthesis and meta-analyses.* Workshop presented for Psychology graduate students on behalf of the Psychology Department Graduate Studies Committee, University of Windsor, Windsor, Ontario.

Jackson, D. **Sirois, F. M.,** & Fritz, P. (2006, November). Workshop on structural equation modeling (SEM) using AMOS. Workshop presented for Psychology faculty and graduate students on behalf of the Psychology Department, University of Windsor, Windsor, Ontario.

Menna, R., & **Sirois, F. M.** (2003, December). *The do's and don'ts of publishing: A graduate students' guide to getting your thesis and other papers published.* Workshop presented on behalf of the Psychology Graduate Studies Committee, University of Windsor.

## **Consulting and Contract Work**

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2007- 2008 Provided guidance and a report on the development of psychological outcome measures for the project *Developing Patient-Reported Outcome Measures for Use in CAM Research,* Research Triangle Institute (RTI) International, Research Triangle Park, NC, USA.

## **Academic and Professional Service**

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### **Ad Hoc Editorial Consultant (number of reviews)**

2009 *Psychology, Health, and Medicine* (1)  
2009 *BioMed Central Public Health* (1)  
2009 *American Journal of Gastroenterology* (2)  
2009 *Evidence Based Complementary and Alternative Medicine* (1)  
2008-2009 *British Journal of Health Psychology* (5)  
2008 *Journal of Women's Health* (2)  
2008 *Journal of Consulting and Clinical Psychology* (3)  
2007-2009 *BioMed Central Complementary and Alternative Medicine* (9)  
2007-2009 *Journal of Psychosomatic Research* (9)  
2006-2009 *Complementary Therapies in Medicine* (5)  
2006-2009 *Personality and Individual Differences* (4)  
2006-2007 *Pearson Canada, Higher Education* (2)  
2006-2007 *McGraw-Hill Ryerson, Higher Education* (2)  
2006-2007 *Journal of Rehabilitation Research and Development* (2)  
2005-2009 *Social Science & Medicine* (7)  
2005 *Ethnicity and Health* (2)  
2004-2005 *Sociological Inquiry* (2)  
2002, 2009 *Journal of Alternative and Complementary Medicine* (2)

### Peer Review Committees

- 2009 Member of the editorial board for the *Open Complementary Medicine Journal*.
- 2009 Reviewer, Collected Essays on Learning and Teaching (CELT).
- 2008 Reviewer, Canadian Psychological Association Social/Personality section, 2009 conference abstracts
- 2008 External reviewer, Social Sciences and Humanities Research Council of Canada, standard research grants program.
- 2008 Reviewer, Ontario Graduate Scholarship – international student applications.
- 2007-2009 Reviewer, Expedited review panel, University of Windsor Research Ethics Board.
- 2008-2009 Reviewer, Society for Teaching and Learning in Higher Education, conference abstracts
- 2007-2009 Reviewer, International Society for Quality of Life Research, conference abstracts
- 2006-2007 Reviewer, University of Windsor Research Ethics Board, full review committee.
- 2000-2003 Member of the Carleton University Ethics Committee for Psychological Research

### Other Committees and Professional Service

- 2009 Reader at convocation, Faculty of Arts and Social Sciences, University of Windsor
- 2008-2009 Chair of the 6<sup>th</sup> Biennial Conference on Counselling the Procrastinator in Academic Settings, held at York University, August 4-5, 2009.
- 2008-2009 Member of the conference planning committee, 2009 conference, International Society for Quality of Life Research (ISOQoL).
- 2008-2009 Newsletter Co-ordinator, Canadian Psychological Association Social-Personality Section
- 2008-2009 Member of the Windsor University Faculty Association (WUFA) faculty council.
- 2006-2007 Member of the Psychology Department Appointments Committee, University of Windsor
- 2006-2007 Chair of the Psychology Department Ethics Committee, University of Windsor
- 2005-2006 Member of the Administration Evaluation Committee, Windsor University Faculty Association
- 2003-2009 Member of the Psychology Department Graduate Studies Committee, University of Windsor
- 2003-2005 Web master *Health Psychology Resources* web pages ([http://venus.uwindsor.ca/courses/psychology/fsirois/Health\\_Psych\\_resources.html](http://venus.uwindsor.ca/courses/psychology/fsirois/Health_Psych_resources.html))
- 2002-2003 Director of the PNI Research Participation Program, Association for the Advancement of Applied Psychoneuroimmunology (AAPNI)
- 2000-2003 Web master *Health Psychology at Carleton* web page ([http://www.carleton.ca/~fsirois/HP\\_at\\_Carleton.html](http://www.carleton.ca/~fsirois/HP_at_Carleton.html)), and *Health Psychology Resources* web pages ([http://www.carleton.ca/~fsirois/Health\\_Psych\\_resources.html](http://www.carleton.ca/~fsirois/Health_Psych_resources.html))

### Professional Memberships

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- American Psychological Association (APA), Division 38, Health Psychology
- Canadian Interdisciplinary Network for Complementary and Alternative Medicine Research (IN-CAM)
- Canadian Psychological Association (CPA), Health Psychology and Social/Personality sections
- International Positive Psychology Association (IPPA)
- International Society for Complementary Medicine Research (ISCMR)
- International Society for Quality of Life Research (ISOQOL)
- Society for Personality and Social Psychology (SPSP)
- Society for Teaching and Learning in Higher Education (STLHE)

### Professional Development Activities

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- 2008, June Introduction to NVivo 8 Workshops, QSR International, Xtranet, 1 Eglinton Avenue East, Suite 302, Toronto, ON, All day training workshop on how to use the latest version of this qualitative analysis software.
- 2007, March Latent Growth Modeling Workshop, University of Windsor, Department of Psychology, 294 Chrysler Hall South. Instructed by Dennis Jackson.
- 2007, March Interteaching and Learning Outcomes Workshop, Centre for Flexible Learning, University of Windsor, McPherson Lounge. Instructed by Alan Scoboria.
- 2006, May Summer Programme in Data Analysis (SPIDA) - Structural Equation Models, Institute for Social Research, York University, Toronto, Ontario. This seven day intensive course included lectures and hands on workshops instructed by Ken Bollen and others.
- 2006, March Engaging the 21st Century Student, McGraw-Hill Ryerson, Centre for Flexible Learning at the University of Windsor, and the Institute for the Advancement of Teaching in Higher Education, Ontario.

## **Course Instructor – University of Windsor**

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### **Graduate courses - instructor**

- Stress, Coping, & Resilience (Winter 2008)
- Personality, Health, & Well-being (Winter 2007)
- Graduate Health Psychology, 46-662 (Fall 2005)
- Applied Social Psychology, 46-670 (Winter 2004, 2006, 2007, 2009)

### **Undergraduate courses - instructor**

- Human Motivation and Emotion, 46-332 (Fall 2004, 2006)
- Introduction to Personality and Adjustment, 46-220 (Fall 2004)
- Health Psychology, 46-435/339 (Winter 2004; Fall 2005, 2006; Summer 2007; Fall 2008)
- Introduction to Social Psychology, 46-220 (Fall 2003)
- Applied Social Psychology, 46-334 (Fall 2003; Winter 2006)

## **Graduate Supervisions – University of Windsor**

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### **M.A. Practicum - Psychology**

Neli Remo (2006). *Needs assessment for the Jewish Community Centre in Windsor.*

Courtney Chasin (2009). *The development of trainer education materials for the AIDS Committee of Windsor.*

### **M. A. Psychology**

Sean Locke (In progress). *Perceptions of physical activity maintenance during retirement among the Baby Boomer generation.*

Karey Wilson (2006). *Satisfaction with a midwife or obstetrician birth attendant: An exploration of several possible predictors.*

Jennifer Voth (2007). *Illness attributions, perceptions of stigma, and coping strategy: Adjusting to inflammatory bowel disease.*

### **Ph.D. Psychology**

Rebecca Purc-Stephenson. (2008). *A gift wrapped in barbed wire: Personal growth among individuals with arthritis or inflammatory bowel disease.* PhD Psychology. Awarded SSHRC doctoral fellowship 2005; Now on faculty at the University of Alberta, start date July 1, 2008.

Tobi Wilson. (2009) *The psychosocial variables contributing to treatment expectancies in individuals with irritable bowel syndrome.* PhD Psychology. Awarded SSHRC doctoral fellowship 2005.

Barat Wolfe. (In progress) PhD Psychology. *Her Choice, Her Voice: An Exploration of Women-Centred Health Care.* Awarded SSHRC doctoral fellowship 2006.

Jenn Voth. (In progress) PhD Psychology.

## **Undergraduate Supervisions – University of Windsor**

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Emrah Eren (in progress). *Personality, academic distractions, and study habits: Implications for well-being.*

Natalia Tosti (in progress). *Day dreamer or skilled thinker: Exploring personality, mindfulness, and well-being.*

Sean Locke (2008-9). *Do complementary and alternative medicine providers help with the physical activity maintenance of their clients?.* Independent research project, Psychology.

Kyle Stanyar (2009). *The health behaviours, self-perceptions, and intentions of health-minded people.* B.A Honours, Psychology.

Kaitlin Roland (2009). *Living in the reality of an unstable workforce: An examination of the relationship between perceived career mobility and chronic job stress.* B.A Honours, Psychology.

Brenda McLaughlin. (2007-8). *Nurses's health behaviours.* Independent research project, Psychology.

Jennifer Monforton (2006). *The role of personality in cognitive and emotional reactions to stress.* B.A Honors, Psychology

Janelle Rivard. (2005). *The roommate relationship: Satisfaction, rapport and well-being.* B.A Honours, Psychology

Melissa Simpson. (2004). *Procrastination and counterfactual thinking: A reaction to our perfectionism.* B.A Honours, Psychology

Shaneysa Kean. (2004). *Music listening preferences, personality and well-being.* B.A Honours, Psychology

Nicole C. Murray. (2004). *Effect of exercise on academics and general well-being.* B.A Honours, Psychology

### **Second reader for undergraduate theses**

Veronica M. Kokavec. (2006). *Counterfactual statements and monetary compensation in a judicial context: Who is an ideal compensatory juror?*

Vanessa P. Andreatta. (2004). *The relationship among exercise dependence and three variables: Self-esteem, body-esteem, and relationship satisfaction.*

## **Graduate Examining Committees**

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### **University of Windsor**

#### ***Ph.D dissertation committee member***

Craig Ross (In progress) *All forms of CMC are not created equally: Social Capital in Facebook, instant messaging and online gambling.*

Nikhil Koushik (2008). *Chronic prednisone therapy and neuropsychological functioning in renal transplant recipients.*

Heather Durdle, (2008). *A computer-assisted brief motivational intervention for smoking cessation in a methadone-maintained population.*

Simone Arbour (2008). *Using person-environment fit and career stage to examine satisfaction, commitment and work strain in Canadian nurses.*

#### ***MA Thesis committee member***

Karen Ip (In progress). *The effects of stereotype threat on the eating behaviours and intellectual performance of overweight and obese women.*

Elizabeth Kunzle (2008). *Changes in narrative quality pre- and post-emotion focused therapy for childhood abuse trauma.*

Catharine Dishke-Hondzel (2007). *A quiet battle: An examination of the social forces that shape*

*self-silencing and well-being in female leaders.*

### **Major Paper (Comprehensives)**

Jenn Voth (2009). *"The Old Man in the Sea": The many shapes of resilience.*

Barat Wolfe (2008). *Patient-centred care and patient reported outcomes: A systematic review.*

Rebecca Purc-Stephenson (2006). *Benefit-finding following health-related trauma or adversity*

Parveen Grewal (2005). *Hope Theory: A framework for understanding suicidal action.*

Dorrie Fiissel (2003). *Eating disorders prevention: Are we there yet?*

### **Chair - Master's Theses**

Joanna Kraft (2008)

Dusty Johnstone (2007)

Christopher Domen (2005)

Christopher Heikoop (2004)

Robert Ferguson (2004)

### **External Examining Committees - Ph.D dissertation**

Helen Georgiou (2006). *Evaluation of the concurrent effects of biomedicine and complementary medicine on the quality of life and health status of thalassaemia major patients.* University of Victoria, Australia.

### **Academic Responsibilities – Carleton University**

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#### **Instructor - Undergraduate courses**

- Introduction to Psychology: Psychology as a Social Science, 1002C, (Winter 2003)
- Psychology of Motivation and Emotion, 3405A (Fall 2002)
- Introduction to Social Psychology, 49.210A (Summer 2002)
- Issues in Personality: Personality and Well-being, 49.366A (Winter 2002)
- Personality Honors Seminar, 49.360 (Fall 2001)
- Psychology of Motivation and Emotion, 49.345A (Summer 2001)
- Psychological Factors in Health and Illness, 49.346B (Winter 2001)
- Psychological Factors in Health and Illness, 49.346A (Fall 2000)

#### **Undergraduate supervisions**

Teresa Kelly (2002). *Health-specific anxiety, negative affect, and the perception of somatic symptoms.* B.A Honours Psychology, Carleton University.

Ruth Sullivan (2002). *Health control beliefs, attributions, self-blame, responsibility, and negativity: How are they related?* B.A Honors Psychology, Carleton University (co-supervised with Mary Gick).

### **Teaching and Learning Papers and Workshops**

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Scoboria, A., & Sirois, F. M. (2008, September). *Facilitating productive discussions.* Workshop presented for the GATAcademy, Center for Teaching and Learning, University of Windsor, Windsor, Ontario.

Sirois, F. M., Scoboria, A., Purc-Stephenson, R., & Pascual-Leone, A. (2008, June). *Interteaching in undergraduate education: Enhancing student engagement and performance.* Concurrent session presented at the 28th Annual Conference of the Society for Teaching and Learning in Higher Education, University of Windsor, Windsor, Ontario.

Scoboria, A., & Sirois, F. M. (2008, June). *Applying 'interteaching' to undergraduate education.* Workshop presented at the 28th Annual Conference of the Society for Teaching and Learning in Higher Education, University of Windsor, Windsor, Ontario.

- Scoboria, A., **Sirois, F. M.**, Pascual-Leone, A., & Wolfe, B. (2008, May). *Incorporating 'Interteaching' into graduate psychology education*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Sirois, F. M.** & Purc-Stephenson, R. (2008, May). *Student preferences for interteaching*. Poster presented at the Oakland University/University of Windsor Second Annual International Conference on Teaching and Learning, Auburn Hills, MI.
- Sirois, F. M.** (2002, September). *Office hours: Managing difficult situations with students*. Workshop presented for the Teaching and Learning Resource Centre's Teaching Assistants Orientation Workshops, Carleton University, Ottawa.
- Sirois, F. M.** (2002, June). *Towards the scholarship of teaching: The impact of a graduate seminar in university teaching on new instructors*. Session presented at the 22nd Annual Conference of the Society for Teaching and Learning in Higher Education, McMaster University, Hamilton, Ont.
- Sirois, F. M.** (2002, February; March; September). *Fostering academic integrity*. Workshop presented for the Teaching and Learning Resource Centre's Teaching Assistant Brown Bag Workshops, Carleton University, Ottawa.
- Dence, C., & **Sirois, F. M.** (2002, February). *Plagiarism and Academic Integrity: Approaches for prevention*. Workshop presented for the Ottawa-Carleton District School Board professional development day, Carleton University, Ottawa.
- Sirois, F. M.** (2002, February; 2001, October). *Office hours: Critical incidents*. Workshop presented for the Teaching and Learning Resource Centre's Teaching Assistant Brown Bag Workshops, Carleton University, Ottawa.
- Sirois, F. M.** (2002, January). *Dealing with difficult situations*. Workshop presented for the Teaching and Learning Resource Centre's Professional Development Day for Teaching Assistants, Carleton University, Ottawa.
- Sirois, F. M.**, & Melia-Gordon, M. L. (2001, September). *Office hours: Managing difficult situations with students*. Workshop presented for the Teaching and Learning Resource Centre's Teaching Assistant Orientation Workshops, Carleton University, Ottawa.
- Melia-Gordon, M. L., & **Sirois, F. M.** (2001, September). *Dealing with academic dishonesty*. Workshop presented for the Teaching and Learning Resource Centre's Teaching Assistant Orientation Workshops, Carleton University, Ottawa, Ontario.
- Melia-Gordon, M. L., & **Sirois, F. M.** (2001, June). *From difficult situations to learning opportunities: Strategies for managing and preventing academic misconduct and stressful encounters with students*. Invited workshop presented at the 21<sup>st</sup> Annual Conference of the Society for Teaching and Learning in Higher Education, Memorial University, St. John's, Newfoundland.
- Sirois, F. M.** (2000, October). *Managing difficult situations with students*. Workshop presented for the Teaching and Learning Resource Centre's Teaching Assistants Brown Bag Seminar Series, Carleton University, Ottawa.